

## Ideas for Career Planning and Work-Based Learning Activities Leading to Employment Readiness

- Take career assessments to identify your interests and strengths
- Participate in career research opportunities
- Learn about job seeking skills
- Learn about non-traditional job opportunities (i.e. self-employment)
- Participate in job shadow opportunities
- Work with job coaches



## Ideas for Youth Development and Leadership Activities Leading to Employment Readiness

- Participate in peer-to-peer mentoring opportunities
- Participate in self-advocacy and conflict resolution instruction
- Seek out role models
- Participate in self-esteem building and leadership opportunities



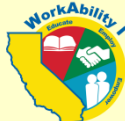
## Ideas for Connecting Activities Leading to Employment Readiness

- Learn about transportation options and participate in mobility training as needed
- Learn how to make purchases and manage your money
- Develop outside agency connections
- Develop connections with community resources such as recreational activities

## Ideas for Family Involvement Leading to Employment Readiness

- Assist families in developing high expectations for their children with respect to self-sufficiency
- Actively involve families in transition planning
- Assist families in learning about post-secondary employment options for their children
- Assist families in communicating with outside agencies

Developed by Family Transition Network under the direction of the California Department of Education



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# Ideas for Participating in Employment First Activities



Helping  
you  
prepare

to make the move  
from school....

to paid  
employment.



## What is Employment First?



On October 9, 2013, Governor Brown signed AB 1041 (Chesbro), which establishes in statute an Employment First Policy.

It is the policy of the state that opportunities for integrated, competitive employment shall be given the highest priority for working age individuals with developmental disabilities, regardless of the severity of their disabilities.

## What does that mean for you?

Competitive integrated employment is a real choice for people with developmental disabilities. It will be a full or part-time position at or above minimum wage.



## What is integrated employment?



Integrated employment refers to working at a job commonly found in the community in which individuals with disabilities are working with peers without disabilities.

## What is competitive employment?

Individuals with disabilities are paid a wage consistent with the wage paid to non-disabled peers for the same task.



## Will I lose benefits if I work?



You need to meet with your support agencies to develop the necessary plan to protect your public benefits.

## Ideas for School Based Preparatory Activities Leading to Employment Readiness

- Enroll in classes aligned with State standards
- Enroll in career technical education classes utilizing curriculum based on industry standards that align with their post-secondary employment goals.
- Utilize person centered planning when developing transition plans
- Use multiple measures to assess a student
- Implement individualized and specific accommodations for students allowing them to participate in academic programs

